

Opticare Office

WHAT SHIFT DO I USE?

Please refer to the Office Range Selector –the **Opticare Office** option to work out the Shift needed for the required Add and Range the patient wants.

Enter the Patient's Distance Sphere powers and Add.

Explain to the patients that the lower part on the lens is focused for reading (usually 40cm).

Now ask the Patient how far away they need to see in the top of the lens, that is, 5mm above pupil center (PC).

Click on this value and the App will calculate the Reading Rx and the Shift needed.

The App will also tell you the Range at Pupil Centre so the patient can confirm that this is what they need when looking straight ahead.

The Opticare Office lens Rx can now be ordered with confidence. Please include the Patients' Cylinder power if there is one.

The area of clear intermediate vision is dependent on the shift prescribed. The aim is to prescribe the lowest shift to satisfy the patients' needs, so we can maximize the intermediate Zone. The higher the Shift, the greater the range but the narrower the corridor.

The Opticare Office shift is available in only four shifts- 0.75, -1.25, -1.75 and -2.25D.

FITTING and ORDERING

1. Use distance PD and pupil height.
2. The minimum fitting height to allow comfortable reading zone is **16mm**.
3. Minimum distance from pupil height to top of frame is **12mm** to allow the full shift to take effect.
4. Order using results from the Office Range Selector and include the Cylinder power in the Rx.